

Keep It Going...At Home

Dear Families,

Here are some things that you can do at home to support what your child is learning in school.

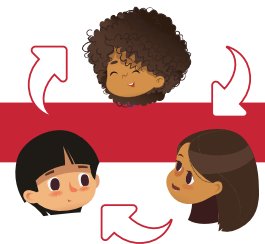
Keep Them Healthy & Active

We are learning about animals that live underground, in trees, in webs, and all over the world. Invite your child to move their bodies to look and act like their favorite animals.



Develop Their Emotional Well-Being

Persistence, or the ability to keep at things and solve problems that come our way, grows over time. Offer gentle guidance and support when your child begins to get frustrated. Invite them to take a break and come back to whatever is frustrating them.



Help Them Communicate

In this unit, we talk to children about the “power of observation” and how they can learn a lot when they look really closely at objects. Together with your child, look closely at a natural object (a rock, a leaf, etc.) or an illustration in a book. Take turns describing the object. What does it look like? What shapes do you see? What colors do you see? What can it do? This will help build their vocabulary as well.



Explore Their World

In this unit, we play sounds from habitats around the world. Sit beside a window with your child, close your eyes, and listen to the sounds in your community. What do you hear? How do the sounds make you feel?

