

Sandwich Pose

1. Sit with your legs straight in front of you.
2. Reach up and grab a tub of butter. Open the lid and scoop some out.
3. Spread it all over your legs like a piece of bread.
4. Reach up for cheese and place three slices on your bread.
5. Fold over your legs like the top piece of bread.
6. Grill it in the pan. Sizzle!

