

## What's Happening Now

Dear Families,

We are about to re-examine something that is already a big part of everyone's lives: food! Children will explore common kitchen tools and investigate how the cooking process can change foods. They read two versions of a popular folktale, *The Enormous Potato*, and learn about and how some foods grow from the seeds.

During this unit, children also:

- Compare uncooked and cooked foods (e.g. rice)
- Observe different seeds and do some planting
- Practice counting and comparing the number of objects



## Keep It Going

### Share Learning

Share recipes with your child. Explain what ingredients are needed and the steps involved in preparing it. Send in photos of you and your child preparing a meal so we can celebrate.

### Share Your Expertise

Let us know if you have any experience in one or more of these areas (we would love to learn from you):

- Working in a restaurant or food market
- Working in a garden or a garden center

### Share Some Supplies

Our classroom is in need of the following items. We hope you are able to share:

- Large plastic bowls
- Pots
- Wooden spoons
- Any supermarket-related materials for our new dramatic play center—the market (e.g. toy food, scale, shopping bags, baskets, empty & clean food containers)

*WARNING: CHOKING HAZARD - Small objects and parts can become a choking hazard. Adult Supervision Required.*