

Keep It Going... At Home

Dear Families,

Here are some things that you can do at home to support what your child is learning in school.

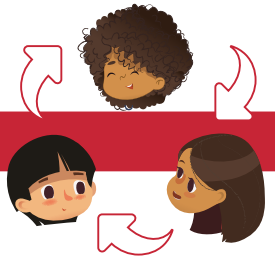
Keep Them Healthy & Active

Children walk across pretend bridges on imaginary field trips to a farm. This activity helps to develop their balance and coordination skills. Additional activities you can try at home to strengthen these skills include playing hopscotch, wheelbarrow walking, and biking and scooting.



Develop Their Emotional Well-Being

Empathy, or the ability to understand another person's perspective, is something that even the youngest of children can begin to learn and one that has long-term benefits. We are adding "Think about how others feel." to the "Power of 3" chart at school. At home, help your child practice empathy by talking with them about the characters in their books. How do they feel? How can you tell? How would you make them feel better?



Help Them Communicate

Children learn language through conversation. Try the strategy of "adding on" to extend conversations. For example, if your child says they played blocks in school, ask whom they played with and what they built. Then say it back to them. "I am so happy that you and Jimmy got to build a boat with the blocks." This will help them develop and use more elaborate sentences.



Explore Their World

Children explore a variety of sounds in this unit. They mimic animal sounds in English and Spanish; they tap wooden blocks together to make music; and they create a cow bell. What sounds can you notice in your environment? What instruments can children make from common objects in your home?

